

Albano and the corners

Vol. XIV Issue 1 www.PoundRidgeNY.org Spring/Summer 2009

Mailed to each Pound Ridge resident 2 times a year



"A Taste of Pound Ridge" . . .



Albano's Chef Jehan demonstrates superb grilling. Sample the succulent morsels on May 17th!

"A Taste of Pound Ridge" is sponsored by the **Pound Ridge Business Association** and will benefit the Hiram Halle Memorial Library.

Albano Appliance & Service, LLC and **Houlihan Lawrence Real Estate** will host the event on Sunday, May 17, from 4-7 pm at Albano's showroom and the adjoining real estate offices.

Attendees will be able to sample signature dishes from local culinary talents including **DiNardo's Ristorante Italiano**, **The Grill at**

Whets Appetites to Benefit Our Hiram Halle Memorial Library!

Albano, North Star Restaurant, Pinocchio Pizza, Plum Plums, Samuel Parker's Deli, Scotts Corner Market and Tokyo Hamachi Restaurant. At the same time, a Silent Auction of special items donated by members of the **Pound Ridge Business Association** and the community will take place in the adjoining offices of **Houlihan Lawrence Real Estate.**

The donation for the event is \$25 per person (\$35 at the door) and \$10 for children 12 and under. Proceeds will benefit the Pound Ridge Library Foundation for the renovation fund. Reservations can be made by returning the form in the May 8th issue of

CALENDAR OF PRBA SPECIAL EVENTS

A Taste of Pound Ridge
Sunday, May 17, 4-7PM

Memorial Day Antiques & Farmers Holiday Market
Monday, May 25, 9AM-5PM

July 4th Antiques & Farmers Holiday Market
Saturday, July 4, 9AM-5PM

Summer Sidewalk Sales
Friday-Sunday, July 10-12

Labor Day Antiques & Farmers Holiday Market
Monday, September 7, 9AM-5PM

19th Annual Art & Crafts Festival
Saturday & Sunday, Oct. 10 & 11, 10-5PM

10th Annual Halloween Walk
Saturday, October 31, 4-6PM

www.PoundRidgeNY.org

The Record Review or sending your check to the **Pound Ridge Library Foundation**, POB 515, Pound Ridge, NY 10576.

For more information, contact Joyce at **Albano Appliance** at 764-4051.

Memorial Day Antiques & Farmers Holiday Market, May 25th, Monday, from 9AM-5PM in Scotts Corners



The PRBA's 18th Annual Antiques & Farmers Holiday Markets on Memorial Day will include regulars Julie Long, Ingrid Mihailovic and Vida Barbo, pictured above with Joanna Nevins (r.). An increase in dealer participation has been generated by Joanna, this year's Markets Manager, with several new dealers displaying antiques along Westchester Avenue and in the side areas.

The PRBA's 18th Annual Antiques & Farmers Holiday Market gets underway on Memorial Day, May 25. New Manager Joanna Nevins has brought in more dealers, with 30+ vendors registered at press time. Among their specialties will be a wide range of quality vintage items: country furniture, quilts, textiles, books, jewelry, pottery, china, porcelain, glassware, rugs, lamps, tools, garden items.

The Farmers Market (to be located across from **DiNardo's** in the Town & Country Auto parking area), offers seasonal vegetables, breads, cheeses, scones and other baked goods, soups, dips & sauces, wraps and more.

Dealers are set up along the sidewalks and side areas from Trinity Pass to the Firehouse. Breakfast and barbecued lunch will be available at **Antiques & Tools** served by John Ubaldo (John Boy's Farms).

Markets continue on July 4, Saturday, and Labor Day, Monday, September 7.

For more info, call Joanna at **Juleigh's Resale Boutique**, 764-4297

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Antiques & Tools Special Outdoors Events Resume

Antiques & Tools of Business and Kitchen has resumed its 2nd Sunday Antiques Market and Every Sunday Farmers Market with set-ups outside the shop. Antiques dealers offer small country furniture, jewelry, copper, brass and iron items, linens, ephemera, porcelain, etc. Farmers include Pound Ridgers John Ubaldo (duck, goose and chicken eggs, smoked meats and fish), Bob Ubaldo (breads and soups), Liz Larkin (scones and cookies). Others

bring cheeses, dips, pasta sauces, etc. In April, the shop celebrated its 19th anniversary with a barbecued lunch, raising \$100 for the American Cancer Society.

Antiques & Tools opened in 1990, expanded into adjacent space in '92, in '94 introduced 2nd Sunday Antiques Markets, later adding Farmers Markets.

Complementing the PRBA's Summer Sidewalk Sales, Friday-Sunday, July 10-11-12, **Antiques & Tools**

sponsors a *Town-wide Yard Sales* weekend with about 20 families holding sales at their homes and several organizations setting up in Scotts Corners. Maps showing the locations, days and hours of each family yard sale will be posted outside the shop. There is no charge to participate.

Proprietor Joan Silbersher, assisted by son Jed, carries all sorts of "funky" items. The shop is open daily from 11 a.m. to 5 p.m. For info, 764-0015.

shipping. **Golden Hands** offers the service of a larger moving company, but with the focus and excellent service of a small company. Don't hesitate to contact Deborah at: 764-0900 or 672-6897 for a consultation even if you are not quite ready to move!

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antiques, art or office furniture to be moved. This detailed information is acquired prior to packing, crating and preparing all involved in the move. Photographing and cataloging the contents of the home is an option provided upon request.

Deborah is an owner-operator with more than 30 years in the household goods moving industry and is involved in every aspect of every move. She handles moves locally, nationally and can even assist with international



Spring is in the air! Lois & Dave Anderson fill the 25 tubs throughout Scotts Corners with pansies – to be replaced by summer flowers later in the season.

"around the corners" ❁ ❁ ❁ Summer 2009

Ruth Mendes (**Wordcraft & Graphics, Unltd**, 764-5378) . . . Editor/Ads/Layout/Production
Richard Mendes (**CPR, Computer Problem Rescue**, 764-5378) Photography/Photo Editing
Paula Parker Proofreader Extraordinaire
Joan Silbersher (**Antiques & Tools of Business and Kitchen**, 764-0015) News/Photo

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News Briefs from Our Members

- ❖ Lending his fencing talents to the Pound Ridge Theatre Company's spring production of *I Hate Hamet*, Richard Mendes of **CPR-Computer Problem Rescue** coached and choreographed the fencing scenes. "En garde!" also to viruses, spam, worms and other malware on your computer! For computer help, rm3m@optonline.net or 764-5378
- ❖ Clear out your closets for summer! **Pound Ridge Cleaners** will clean your coats and other winter clothing, and store them for you till next season. 764-5275
- ❖ Ricky Silbersher, publisher of **Little Book of Numbers** and living down under, has been commissioned to create the wine label design for a top Australian vintner. 764-5122

CURVES OF POUND RIDGE Announces Pet Photo Contest to Benefit the VASCULITIS FOUNDATION

Is your shepherd chic? Is your dalmation divine? Does your Havanese really have what it takes? Then take out those cameras and start snapping because here's your chance to prove it.

Starting on May 1st, Joanne Davis, owner of **Pound Ridge Curves**, will be holding a pet photo contest to raise awareness for The Vasculitis Family of Diseases. 100% of donations will go directly to the Vasculitis Foundation (www.vasculitisfoundation.org).

Joanne explains, "Two current members of my Curves have children diagnosed with this relatively unknown disease that affects 1-in-20,000 people in this country. It is a disease that often goes undiagnosed or misdiagnosed. We are hoping to spread the word so that others may be aware and receive proper care."

Entering the contest is easy. Stop by **Pound Ridge Curves** in Scotts Corner with a suggested donation of

\$5.00 for each photograph entered. Make sure your name and phone number is on the back of each photo. Should you want your photo back, you will also need to supply a stamped, self-addressed envelope. One lucky winner will be selected during the first week of June and will be notified. The winner will receive a \$100 gift certificate for Abby's Gourmet Pet Store.

For info, call **CURVES** at 764-9400

TRINITY PSYCHOTHERAPY, DANCE & YOGA

Trinity for the mind, body and soul is in an intimate setting in Pound Ridge where you can discover your whole being through psychotherapy, yoga and dance. Choose one, or combine these specialties and make this the best time of your life.

Rosemarie B. Saracione, LCSWR, a psychotherapist, offers individual, family and group therapy for adults and children. She provides an eclectic and holistic approach to enhance self-esteem – specializing in relationship counseling, weight issues, stress/anger management and behavioral change.

Christopher Alvarez, offers Latin dancing, in an attractive,

comfortable environment with no pressure, just fun. Make this your hottest summer. Capture his authentic movement as he teaches Salsa, Mambo, Merengue, Cha Cha, Samba, Hustle, Swing and more. Private and/or group lessons.

Discover the unique benefits of yoga to transform your life. Trinity offers Jiva Mukti Yoga with certified teacher Ella Lockett, and Hatha Yoga with Karla Booth. Classes Tuesday, Thursday, Saturday mornings; additional classes in the fall.

"In as much as love grows in you, so in you beauty grows. For love is the beauty of the soul." *St. Augustine.*

34 Westchester Avenue (off the side parking lot) 764-1700.



Antiques & Tools of Business & Kitchen

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Carol A. Cioppa of **Cioppa**

Architects LLC has just received her LEED AP accreditation (Leadership in Energy and Environmental Design Accredited Professional). LEED is an internationally recognized standard which accredits experts in the field and certifies buildings that meet sustainable green building and development practices. It was created by the USGBC (United States Green Building Council). "The firm is now more strongly positioned to provide the proper guidance and advice on any project where the owner requires the end product to have a LEED certified design, whether they are seeking Silver, Gold, Platinum or regular certification. Alternatively, some clients may simply want to address particular areas such as sustainable practices or energy conservation measures without seeking a LEED certification." She also notes that while sustainable projects usually incur additional design and construction costs, many projects qualify for multiple tax incentives, credits, equipment purchase incentives, etc. that may offset the increased initial investment – an attractive incentive for those seeking to

CAROL CIOPPA RECEIVES LEEDS CERTIFICATION

adopt green-approved practices.

LEED guidelines start at the very basis of the design process – the site selection. The list below is just an overview of the topics addressed:

- **Site Selection.** Points are achieved by selecting sites that meet various criteria depending on whether it is new construction or a renovation. Conserving existing natural areas, protecting habitat, controlling storm water run-off and using pervious materials as paving (Note: Gravel is NOT considered pervious as it has too many fines. One should use crushed stone instead!).
- **Water Efficiency –** Water-efficient landscaping, which means little or no lawn, using no potable water for irrigation and by recycling rainwater, using low-flow plumbing fixtures.
- **Energy and Atmosphere –** Reducing energy use and using energy-efficient lighting, HVAC building envelope design. Using refrigerants with no CFCs.
- **Materials Reuse –** Recycling materials by using them for alternate purposes – using a wonderful old door as a table. Sustainable construction practices (recycling of all demolition & construction materials, donating materials – to Habitat for the Humanities as an example), using rapidly renewable materials or those with recycled content (recycled bottles into glass tiles etc.).
- **Indoor Air Quality –** Bringing controlled fresh air into the building through the HVAC system. Using low emitting materials both in

construction materials, paint and floor finishing and furnishings.

In planning her projects, Carol is able to employ some of the same design principles and knowledge that she has gained over the past 40 years as both an architect, interior designer and landscape designer. A winner of the prestigious Golden Trowel Award for gardening in 2000, she has also won AIA Awards for projects in 2007 and 2008. Ms. Cioppa was the 2008 President of the AIA Westchester Mid-Hudson Chapter, the first woman president in the Chapter's 70+ year history. She is Chairman of the Pound Ridge Landmarks and Historic District Commission and is serving on the new Pound Ridge Climate Smart Task Force.

Cioppa Architects specializes in period and contemporary renovations and additions with true-to-style restoration of pre-1900 homes and farmhouses. An addition and renovation that was recently designed for a client in North Stamford involved a wonderful home dating back to 1760.

Carol can be reached at 764-Ø1549. or cacioppa@optonline.net.

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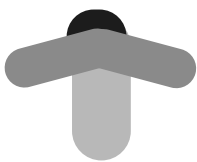
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A CHARMING COUNTRY HOME – Designed by Alexandra Interiors



When Byron Donics, CEO of HTI Collection Ltd., a fragrance and cosmetic company, decided to make Pound Ridge his new home, he purchased an old country abode at 72 Old Mill River Road. He could see the potential underneath the very dated décor of pastel 1970s floral wallpaper everywhere; the soot-stained drapery and sadly, the painted wide-plank flooring. The whole house needed love and care. Mr. Donics called on **Alexandra Interiors** to help bring his vision to life.

Lorella Colonna, owner & designer, immediately knew this was a project that would be a true "labor of love" and would require a very skilled craftsman. Richard Howe, owner of Richard Howe Custom Remodeling & Restoration, was

just that person. His vast history of restoring Victorian properties back in his homeland of England greatly contributed to the aesthetic details and fine workmanship. A partnership has been formed and clients can now receive full-service design and remodeling from one source.

The six-month project is just recently coming to a close and a charming country home has been recaptured, reflecting the homeowner's personal eclectic style. Asian antiques from around the world combined with American and provincial decor describe the flavor of the home. The wide-plank flooring was restored to a warm chestnut. Architectural mouldings, chair rails and built-in cabinetry were added, and ceiling planks to base mouldings were painted in a serene, yet warm palette of Farrow & Ball paints. The kitchen was transformed by painting the cabinetry and walls in a yellow/blue scheme with red textiles for a burst of color and a mural of pheasants on the backsplash. Faux wall finishes were created in the foyer and master bath to bring in a bit of Tuscany, a special place for our client. Antique dressers were restored and their uses, now transformed into bathroom vanities. The old, obtrusive lighting was updated for better utility, and antique chandeliers were added for ambience. Textiles were carefully selected to include Oriental carpets and draperies that reflect a subtle, graceful elegance.

If you have a vision that you would like to bring to life, **Alexandra Interiors** and **Custom Remodeling & Restoration** would be happy to provide a two-hour free consultation. References & portfolio; 764-0855, 203-918-4599, 203-622-8925.

Little Book of Numbers

Work begins this month on the 2009-2010 edition of **The Little Book of Numbers** for a September mailing to each of the 5000+ postal patrons in Pound Ridge and Bedford Village. The **Book** has Bedford numbers in one section and Pound Ridge listings in another. It has a Directory of Advertisers, by category, for the almost 200 local retailers, offices, professionals and service businesses in that section. Publisher Ricky Silbersher includes her new sketches of local scenes and objects each year. She is assisted in sales by mom, Joan, and Toby Miller, and in production by Ruth Mendes, **Wordcraft & Graphics**, and Richard Mendes, **Computer Problem Rescue**.

Residents or proprietors with new or changed listing are asked to give that information to Joan at 764-5122.



Spring is in bloom at **Hybrid**, showcasing fabulous plants for outdoors, gifts and Lisa and Michael George's signature indoor arrangements. 70 Westchester Ave, 764-1154

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Spring & Summer Cautions for Pet Owners

Ah, spring! And with it, the greening of lawns and flower beds. The American Veterinary Medical Association (AVMA) reminds pet owners the coming of spring brings with it certain risks to your pet's health. Take a few moments to review AVMA's top spring hints for pet owners:

Lilies – Lilies are a flower common in the spring, and they are very, very toxic to cats. But cats will often chew them, and even small amounts can lead to kidney failure and death. Cat owners may want to pass on this spring and Easter tradition.

Fleas and ticks – They can be tiny, little more than a pinhead in some instances, but they grow and spread quickly once they find a host. The preventative treatments that you may have discontinued in the winter should start early in the spring to keep your pet's coat, and your home, free of pests.

Lawn fertilizers – Lawn fertilizers are very toxic to pets. Store fertilizers in a place far from where your dog or cat – and children – can get at them. After applying fertilizers to your lawn, follow manufacturer instructions on how long you should wait before allowing your pet on the lawn. If you see a sign posted on a lawn that tells you to keep your pets off, abide by it.

Pesticides and herbicides – It's probably not surprising that these chemicals can be toxic to your pets, but, even when they're not lethal, there are some long-term health concerns. Studies indicate the use of pesticides and herbicides may be tied to increased rates of specific forms of cancer in dogs. If your pet is exposed, wash it with soap and water immediately and call your veterinarian.

Cocoa bean mulch – It's becoming common to mulch a garden with the fragrant spent shells of cocoa beans. But just like chocolate, dogs like to eat them and they are toxic.

Rhubarb leaves – Rhubarb stalks make a fine pie and it's a staple in many vegetable gardens, but the leaves are poisonous and can cause kidney failure. For a complete

list of plants that can be dangerous to pets and a video on household poisons, visit online at http://www.avma.org/animal_health/brochures/hazards/household_brochure.asp.

Rat and mouse poisons – Controlling vermin becomes an issue again in the spring. Be aware that the same properties of common rat and mouse poisons that

make them irresistible to pests will also attract your pet. If consumed, these can be fatal to your animal.

Cleaning products – Spring cleaning is an annual tradition in many households, but make sure the cleaning products don't hurt your animals. If the label states "keep pets and children away from area until dry," follow those instructions carefully, and store all chemicals out of reach of children

and pets.

Paint and paint thinners – Putting a fresh coat of paint on the house? Keep the pets away. Paint thinners, mineral spirits and other solvents can cause severe irritation or chemical burns if swallowed or even if they come in contact with your pet's skin. Latex house paints typically produce a minor stomach upset, but some specialty paints may contain heavy metals or volatile substances that could be harmful if inhaled or ingested.

Preventative medications – Consult with your veterinarian about seasonal medications to keep your pet healthy. For example, in many parts of the country heartworm medications for dogs are often discontinued in the winter. Springtime is the season to restart this medication to keep your dog free of this parasite. But keep in mind that manufacturers' instructions warn that heartworm medications should not be given without first visiting your veterinarian to ensure that your pet has not developed the heartworm parasite. A simple blood test will give you that peace of mind.

For a full-length video on common household poisons and hazards, visit www.avmatv.org.

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minute workout. It is far better to do less, than nothing. Quitting will not move you where you dream to go. Embrace your glorious self and make positive change now! You deserve it.

Pilates at **Pilates Pound Ridge** is typically practiced in

Write down your goals in a journal and make a commitment to yourself. Why do you want to be fit? Refer to this list daily, as it will help to inspire you and keep you focused. In your journal, write down what exercises you did for the day and how they made you feel. This will help to remind you of your day's accomplishment. I suggest a program that is appealing and feels good, such as pilates, yoga, or walking. Don't select programs that are so difficult to complete and risk injury. Listen to your body. While the ideal, result oriented exercise program should be 40 minutes-1 hour, do not underestimate the effects of a 15-

a one-on-one or small group setting, with 2 to 5 students. Your pilates workout will be tailored to your own physical condition so all levels can participate. Schedule a free mat session and feel the difference. Benefits of pilates consist of increased flexibility, improved alignment and strength. Post-natal women get their bodies back and athletes improve in their sport. As an instructor, my job is fulfilling when people's lives are transformed through fitness. Give pilates a try, especially if you haven't tried the apparatus. Please come and visit our exclusive studio. Classes and sessions are by appointment only. More information available at www.pilatespoundridge.com or by calling Anna DiPace Zullo, Certified Pilates Trainer @ 917-841-1218.



Eileen Godfrey Miniatures and Dollhouses has moved into larger space at 74 Westchester Avenue, near Blind Charlie's and next to **Salon Perri**. 764-1950



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The newly opened **Pound Ridge Framing & Fine Art** gallery is located in the center of Scotts Corners at 69 Westchester Avenue, just around the corner from **Pinocchio Pizza**. Prompt and complete custom framing is now also conveniently available to New Canaan, Bedford and Stamford residents.

Owners Nick and Elaine Vazzana combine their artistic experience with courteous service to provide professional advice and custom-framed art

to enhance the home and office.

The shop has a vast assortment of top quality frames, conservation and museum quality acid-free materials and UV-blocking glass.

Pound Ridge Framing & Fine Art also houses a collection of original fine art, limited-edition prints and quality gifts.

Call for information about current artists’ exhibits and special showings.

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